STANDARDIZED PROCEDURE
INTRA-OPERATIVE RETRACTION

These procedures are intended to describe procedures performed by Nurse Practitioners and/or Certified Nurse Midwives (depending on the clinical privileges granted to the individual practitioner) at UC San Diego Health.

I. Policy
a. Function: To assist the Surgeon by providing retraction of the surgical field.
b. Circumstances:
   i. Setting: See Cardiothoracic Surgery Nurse Practitioner General Policy for Operative Procedures Standardized Procedure
   ii. Supervision: See Cardiothoracic Surgery Nurse Practitioner General Policy for Operative Procedures Standardized Procedure
   iii. Patient Conditions/Indications for Intra-operative Retraction:
       1. As per Surgeon - providing retraction of surgical field

II. Protocol
a. Definition: Maintaining hemostasis of the surgical field during Cardiothoracic Procedures per Surgeon preference
b. Objective: See section I-b-iii for indications
c. Assessment: Patient which meets criteria above as per Attending Cardiothoracic Surgeon
d. Plan:
   i. Equipment Necessary for procedure includes but is not limited to:
      1. Retraction Instrumentation per Surgeon preference
      2. Pack Sponges
      3. Sterile Environment (Scrubbed into Sterile OR Environment)
      4. Laparotomy Pads
   ii. Pre-Procedure
      1. Education provided during Pre-Operative period (see Pre-Operative Evaluation Standardized Procedure)
      2. Consent signed Pre-Operatively for procedures performed in the Operating Room
   iii. Patient Position
      1. As per Surgeon
   iv. Intra-operative Retraction Procedure
      1. Retract tissues or organs by use of the hand
      2. Place and hold surgical retractors (of Surgeon preference)
      3. Pack sponges and or laparotomy pads into body cavities to hold tissue or organs out of the operative field
      4. Manage all instruments in the operative field to prevent obstruction of the Surgeon’s view
v. Patient conditions requiring Immediate Physician Attention (Complications) including but not limited to:
   1. Hemorrhage
   2. Technical-Slipped stitches, loosening of knots
   3. Cardiac Arrest-Emergency Protocols and ACLS will be instituted

vi. Follow-Up:
   1. Continued evaluation and treatment throughout peri-operative course

e. **Record Keeping:** See Cardiothoracic Surgery Nurse Practitioner General Policy for Operative Procedures Standardized Procedures

### III. Requirements for the Nurse Practitioner

a. **Education and Training:** See Cardiothoracic Surgery Nurse Practitioner General Policy for Operative Procedures Standardized Procedures

b. **Evaluation:** See Cardiothoracic Surgery Nurse Practitioner General Policy for Operative Procedures Standardized Procedures

### VII. RESPONSIBILITY

Please contact the Advanced Practice Council if you need help. The administrative assistant for the Chief Nursing Officer can direct you. Call; 619-543-3438.

### VIII. HISTORY OF PROCEDURE

Revised by the Committee of Interdisciplinary Practices: 2/26/2014, 9/28/2016
Reviewed by the Medical Staff Credentials Committee: 3/5/2014, 10/6/2016
Approved by the Medical Staff Executive Committee: 3/20/2014, 10/7/2016