

At UC San Diego Health, we care about our patients, team members and guests.

Your safety and well-being are our top priority.

We know you may be concerned about the current outbreak of the novel coronavirus (COVID-19), and its implications for your health, that of your loved ones and our community. We understand and want to reassure you that UC San Diego Health is taking all necessary precautions to keep you and our health care teams safe. We are following the guidelines of the U.S. Centers for Disease Control and Prevention (CDC), as well as local, state and federal health officials.

Your upcoming appointments.

Hospitals and most clinics at UC San Diego Health will remain open, and you should feel confident in accessing services. For everyone's safety, we are taking strict precautions by screening patients, team members and visitors at our entrances. In addition:

1. If you have a fever, or a new cough, or shortness of breath, or scratchy throat, please do not show up to an appointment or use online scheduling. Instead, please call the UC San Diego Health COVID-19 nurse line at **1-800-926-8273** before coming to one of our facilities. We will advise you on the best way to receive the care you need without compromising your health or the health of other patients and our staff.
2. Our physicians and care teams may postpone or reschedule routine and elective procedures/surgeries and will review schedules daily to identify the best approach for each patient.
3. Our physicians and care teams will be reviewing our schedules to see what visits can be converted to MyChart Video Visits, recognizing that all appointments may not be appropriate for a video visit. We will make every effort to ensure this is a smooth and easy experience for you to follow.

Important Visitor Information.

Please help us keep everyone safe by reviewing this important information.

- We are screening patients, team members, and guests for symptoms of fever, new cough, shortness of breath and/or scratchy throat.
- We are restricting visitors in hospitals and clinics — with your safety in mind, these guidelines are constantly being updated based on the latest developments, so prior to visiting a loved one in the hospital or accompanying a patient to an appointment, please refer to our current guidelines at health.ucsd.edu/covid

Protect yourself.

It is understandable to feel uncertain or anxious during a public health crisis. Currently, there is no vaccine to prevent COVID-19. The best way to prevent infection is to avoid being exposed to this virus. You can protect yourself and prevent the spread of respiratory viruses like COVID-19 by following these guidelines:

- Avoid crowded places and close contact with sick people
- Avoid touching your eyes, nose and mouth
- Wash your hands often with soap and warm water or hand sanitizer
- Clean and disinfect frequently touched objects and surfaces
- Cover your cough or sneeze with a tissue and then wash your hands
- Stay home when you're sick
- Get a flu shot
- Don't travel to places with widespread or sustained community transmission of COVID-19

We are proud of the work that our team members provide each day to keep patients safe and fulfill our mission to deliver outstanding patient care for the San Diego community. Caring for patients is our North Star, our guiding light and our teams are highly skilled and experienced in caring for everything from routine cases to more complex ones. Thank you for entrusting us with your care.

For more information on the novel coronavirus, please visit health.ucsd.edu/covid.

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