H-PYLORI BREATH TEST

Patient Name: ____________________________ Date: ____________________________

Check-in Time: __________________________ Appointment Time: __________________________

If you arrive more than 15 minutes late to your appointment, you may have to reschedule.

Check-in Information and Address of Test Site:

UCSD Medical Center in Hillcrest: 200 West Arbor Drive, San Diego, CA 92103. Check-in at Gastroenterology/Endoscopy in Medical Offices North, 2nd Floor, Suite 2. Please check-in 15 minutes prior to appointment. There is no free parking.

Cancellations:

A 72 HOUR NOTICE IS REQUIRED. Call 619-543-2347, option 1 and leave a cancellation message. Please include your name, medical record number (MRN) and message.

Emergency questions:

After hours or weekends call (619) 543-6737 and ask for the G.I. fellow on-call for emergency questions.

PREPARATION INSTRUCTIONS

Two Weeks before the Test

1) Stop taking Antibiotics of any kind.
2) Stop taking Pepto-Bismol.
3) Stop taking Proton Pump Inhibitors (PPI), like Prilosec, Protonix, Nexium, Aciphex, Prevacid.
4) Stop taking H2 blockers, like Zantac, Ranitidene, Tagamet, Cimetidene, Pepcid.
5) Stop taking antacids, like Carafate, Maalox, Mylanta, Tums, Rolaids.

The Day of the Test:

1) Do not eat or drink anything for 4 hours before your test.
2) Brush your teeth before the test, but do not use mouth wash.
3) Bring the filled out Medication Reconciliation Form (or bring with you your own list of medications or pill bottles).
4) The test will take about 15 minutes.

For more information go to http://health.ucsd.edu/specialties/gastro/motility/procedures, or call 619-543-2347.