Clomid or Letrozole Ovulation Induction with Timed Intercourse

**Typical Indications:** Ovulatory dysfunction  
**Typical Number of Visits:** 2 – 3 per cycle  
**Typical Procedure:** Ultrasound (2 – 3)  
**Typical Medications:** Clomid or Letrozole

**Description**

→ You should call on the **FIRST** day of your menstrual cycle to set up a baseline ultrasound on Cycle Day 2 – 5 to examine your uterine lining and look for cysts.
  - If the first day of your cycle is on a weekend, please call the clinic at 8 a.m. on Monday to make an appointment for Monday or Wednesday (as long as it is not after Cycle Day 5).
→ You will then take Clomid or Letrozole pills starting on Cycle Day 3 – 5 for 5 days.
  - You will take the medication at night.
  - You will typically return in about 7 days for a follow-up ultrasound to make sure that the medication worked and that it did not over stimulate your ovaries.

**At that visit there are three possibilities:**

1. **Too many follicles have developed:** We will ask you to refrain from intercourse as there is a high risk of multiple pregnancy.
2. **No follicles have developed:** If the ovaries do not show activity, we will rescan you in a few days to look for follicular growth.
3. **An appropriate number of follicles have developed:** Start frequent intercourse and call with the outcome of your cycle. You may check ovulation (LH surge) prediction kits in the morning if you want to better understand your cycle.
   a. **If 21 days have passed after ovulation without a period and continued negative pregnancy tests:** You should call to schedule an evaluation.
   b. **If you have a period:** Call on the **FIRST** day to schedule a baseline ultrasound if you wish to perform another cycle.
   c. **If you are pregnant:** Call the clinic to let us know and we will order hCG serum blood tests to confirm the viability of the pregnancy and to schedule an ultrasound 4 weeks after the estimated ovulation time.